

Stroke is the major cause of disability. Despite advances in acute stroke treatment, there are those who still fall through the gap and end up with residual deficits. I will speak on rehabilitation strategies to promote recovery after stroke as well as treatment for complications of stroke. These include a comprehensive assessment of the patient according to the WHO's International Classification of Functioning, Disability and Health (ICF) and the multidisciplinary approach to rehabilitation. Our arsenal at our disposal includes therapy (motor relearning), pharmaceuticals (SSRIs, supplements), injectables (botulinum toxins) as well as technology based devices like functional electrical stimulation, Transcranial Magnetic stimulation (TMS), transcranial Direct current Stimulation and robotic exoskeletons. By the end, I hope my audience will appreciate the vast possibilities of multi-modality approaches to stroke rehabilitation.

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